

Hello 4-Her's, Leaders and Parents,

The enrollment deadline for the 2022-2023 4-H year has passed and we would like to welcome the new families and volunteers to our 4-H family!

Please make sure to check out all the upcoming events and mark your calendar. If you have any questions or need any help please contact the Cooperative Extension office by email or phone at 505 -544-4333 or Torrance@nmsu.edu.

We are looking forward to an exciting new 4-H year!

Debby Maberry- Extension Family and Consumer Science Agent/4-H

Anna Davis- Agricultural Agent/4-H

# Happy Birthday Wishes To:

Brett Whitaker Clayton Whitaker Johnathan Oney Josiah Ness Lorenzo Wagner Autumn Valigura Brooklyn Matson Levi Romero Lexi Chavez

# We Our Volunteers

# Volunteer Appreciation Month







Leslie Chavez has been a volunteer with Torrance County 4-H for 32 years! She began as a volunteer when she attended the Bernalillo County 4-H Rodeo at Tingley Coliseum in the early 1970s and became hooked on 4-H. Leslie joined 4-H and signed up for leather craft and rodeo projects. Leslie enjoyed 4-H so much, that when she aged out, she volunteered as a way to continue with 4-H. She hopes to encourage others to volunteer by acting as a role model. Besides working and being a 4-H Leader and project leader, Leslie and her husband, Carlos, enjoy going to Conchas Lake to fish, knee board, surf, and tube. They also go trail riding on their Polaris General UTV and are season ticket holders for Lobo basketball and football. Leslie considers anytime spent with her husband and two boys as her best vacations. Leslie's father had the greatest impact on her life. Her father was a retired Air Force Lt. Colonel, so Leslie had to adapt to change having to relocate several times. She grew up learning to be a hard worker, disciplined, and accountable for her actions. Leslie wants to continue to grow in the coming year by continuing to keep learning and able inspiring others. Thank you Leslie for your 32 years of volunteering and being an

inspiration to us all. You truly are a an example of the 4-Hs – head, heart, hand, and health. Words could never express how grateful our community is to you. Thank you so much for all you do!

# **Torrance County Cooperative Extension Service**



# **Please Download the Remind Application**

For fast, reliable communication, right on your phone.

- Real-Time notifications on any device, no smartphone required
   Automatic translation into your preferred language
- Personal information stays private so you can communicate with confidence

The Torrance County Cooperative Extension Service will begin using Remind to send reminders via text message for upcoming meetings and events..

Step 1 – Create a Remind account by going to remind.com or downloading the free iOS or Android app. Click on Sign Up. To sign up, you'll need to provide a full name, email address, and password. Step 2 – Join a class to receive Remind messages via text, email, and/or push notifications. You'll need to use one of the following class codes:

- Torrance County Extension Service @aafkada
- Shooting Sports @e3k37c
- County Council @d9fehd

For more help, visit help.remind.com or contact support directly at rmd.me/help

To receive messages via text, text the class code to 81010.

Class Codes: Torrance County Extension Service - @aafkada Shooting Sports - @e3k37c County Council - @d9fehd

Trouble using 81010? Try texting the class code to (512) 337-4823 instead.

Contact: Anna Davis Ag Agent/4-H 505-544-4337 aldavis@nmsu.edu

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I	То:	
I	81010	Enter this number
	@aafkada	
		Text this message
	*Standard text message rates apply.	



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If you are an individual with a disability who is in need of an auxiliary aid or service to participate, please contact Anna Davis in advance at (505) 544-4337 or <u>aldavis@nmsu.edu</u>.

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### Cain receives Cattle Growers' honor, <u>Annual Heritage showcase is</u> <u>back</u>

By: Gracie Hooten, NMCGA

New Mexico Cattle Growers' Association (NMCGA) announced Macklee Cain of Mountainair as the 2022 recipient of NMCGA Statewide Heritage Contest during the Joint Stockmen's Convention held December 2022. Honored for her reflection and commitment to her roots in New Mexico's ranching industry, Macklee received a commemorative Torrance County Heritage belt buckle, a one year junior membership to NMCGA and a \$1,000 scholarship funded by the NMCGA Promotions and Marketing Committee.

Macklee is a fifth grade Mountainair Mustang who is active in 4-H and loves everything about ranching, except building fence. A portion of her winning essay reads, "As a fifth generation rancher, I plan to build on the legacy of agriculture in New Mexico by becoming an Ambassador for the ranching industry. Only 2% of the U.S. population are involved in agriculture. There are many people who do not understand how difficult feeding America is. It is my goal to educate those who are not directly involved in agriculture and show them how passionate agriculturalists are about taking care of animals and the land. I will continue to build the industry by making sure everybody knows where their meat comes from. I will show them that eating beef can be both nutritious and delicious. I will do all I can to make sure my passion for New Mexico agriculture is contagious."

"It's always a wonderful journey to see how excited our youth are about their futures," says Amanda Culbertson, NMCGA Promotions and Marketing Committee Chairman. "The lessons these kids learn when working alongside their fathers and grandfathers are priceless. Cattle Growers' wants to help tell the story of New Mexico agriculture and we believe this contest showcases our diverse industry and the families who make their livings at the end of the dirt road."

Congratulations Macklee!! She was also recognized and a proclamation was signed by the Torrance County Commissioners.





### New Mexico Cattle Growers' Association 2023 Agriculture Heritage Essay Contest



### Entry Form

Name:
(Please Print)
Address:
City:
State: Zip:
County:
Phone:
Email:
Contest Rules:
1. Must be between age 9 and 15 years old
2. Essay must be 200 to 500 words explaining "How would you like to continue your family's agriculture heritage to better your community?"
3. Deadline: All Essays MUST be received in the NMCGA office NO LATER than <b>May 12 , 2023</b>
<ol> <li>Applicants understand any essay received may be used by NMCGA for publication.</li> </ol>
5. NMCGA board members along with county fair board members and the
sponsor will determine the recipient. Winners selected by response to the
written essay prompt.
<ol> <li>Buckles and one year membership will be awarded at your county fair. Winners are automatically entered in the overall state winner contest for a \$1,000 scholarship.</li> </ol>
7. Previous year winners are not eligible to compete.
Submit Essays to:

By mail: NMCGA / PO Box 850 / Moriarty, NM 87035

By email: <u>nmcgaheritage@gmail.com</u>



## For all 4-H related items check out:

Facebook – NMSU Torrance County 4-H

https://www.facebook.com/torrancenm4h

Instagram - torrancenm4h

https://www.instagram.com/torrancenm4h/

## All Torrance County CES programing:

<u>Facebook</u>—NMSU Torrance County Cooperative Extension Service https://www.facebook.com/NMSUTorranceCES/

## **Torrance County ICAN:**

<u>Facebook</u>—NMSU ICAN Torrance https://www.facebook.com/NMSUICANtorrance



# <u>All Livestock</u> Tag In Date

# Saturday, June 10th

7am - 2pm

If you have a conflict, please contact the extension office and the fair board ASAP.

County Fair

Clean Up

*Dates* Saturday, July 15th

7am – 12pm

Thursday, July 27th

3pm - 7pm

SAVE THE DATE

Torrance County Fair!

Tuesday, August 8th - Friday, August 11th



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# **Shooting Sports Practices**

Archery **Practices Every Other Friday** April 7th & 21st 4pm - 6pm (a)**County Fairgrounds** Contact: **Julian Sanders** (505) 314-3815

SHOOTING FROM BY DOME BY DOME BY DOME

NIEW ME

**NMSU** 

**Every Other Tuesday** 

#1- April 11th

**a** Fairgrounds

All other practices will be held @ Mags

2pm - 5 pm



APRIL CLASSES: Leather Craft April 12 & 26 Macramé April 12 Ceramics (Coil Pots) April 12 Beginning Sewing April 24 Cross Stitch April 26







# **County Contest**

On April 26th at the craft class we will have four contest for youth to compete in: Horticulture, Consumer Decision Making, Livestock skill-a-thon, & Family Consumer Science skill-a-thon. This is an opportunity for youth to experience County Contest before we offer the rest of the contests.

Immediately following the last class we will have a County Council Meeting.



County Council Meeting immediately following the County Contest on April 26th at 5:30 pm



Not a Cooperative Extension Program, NMSU Torrance County is merely sharing the information.





#### What: Idea/Information Sharing for 4-H Volunteer Leaders via Zoom

An extension agent or 4-H volunteer will present about 5-7 minutes on a topic and open up for sharing from participants for remainder of the 10 minutes. Sessions will be recorded and shared on the State 4-H website. Since the scheduled Take 10 sessions will only focus on one small part of a larger topic, additional resources will also be found on the State 4-H website under the selected Take 10 topic.



When: 1st Thursday of the month on the dates below during the lunch hour.

#### The topics held during the same lunch hour will be separate presentations.

2023 Dates/Topics/Times:			
January 5, 2023 Community Service Scholarships (12:30pm) FCS School (12:45pm)	May 4, 2023 State 4-H Conference (12:15pm) Livestock Schools (12:30pm) District Contests (12:45pm)		
February 2, 2023 4-H Day at the Capitol (12:30pm)	October 5, 2023 Build Club Membership/Involvement (12:30pm) Community Service Ideas for Clubs (12:45pm)		
March 2, 2023 YGA (12:30pm)	November 2, 2023 State Portfolios (12:30pm)		
April 6, 2023 State 4-H Leadership Team (12:30pm)	December 7, 2023 Role of Club Leader (12:30pm)		

Contact your County Extension Office for information on how to join the zoom sessions.



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If you are an individual with a disability and need an auxiliary aid or Service, please enter your required accommodations on Form 300.A-3 and notify your County Extension Office.

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# TRI-COUNTY LEADERSHIP

# TRAINING

Saturday April 15th 8:00 am- 4:00 pm Hosted by Bernalillo County Council

Bernalillo County Cooperative Extension Service 1510 Menaul Blvd., NW Albuquerque, NM. 87107 Office: (505) 243-1386 EBOLA Shape the Future. Consumer Consumer and Environmental Sciences Consumer Consumer States Join us for a day filled with leadership experiences, parliamentary procedure, and inter-county connections.

Open to any enrolled 4-H youth \$10 per youth

Contact your county agent for sign up. Registration deadline: Friday, April 6th Must have signed medical and liability release form to county agent by the deadline



Free diabetes cooking classes!

# Kitchen Creations

Please sign up at kitchencreations.nmsu.edu or call 505-544-4334.

Thursdays, April 6, 13, 20, 27 9:00 AM – 12:00 PM

Torrance County CES 205 9<sup>th</sup> St (cross street Allen) Estancia, NM 87016



Please join us for this free series of 4 classes!

- Learn how to plan meals that help manage diabetes.
- Practice cooking food in healthier ways.
- Get a free manual and cookbooks.
- Enjoy the support of others who are living with diabetes.

These classes will be taught by:

- Debby Maberry, County Program Director
- Elizabeth Galbraith, RDN, LD
- Cindy Davies, MA

Kitchen Creations has been provided since 2001 by:



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Paths to Health Ma Tools for Healthier Living

New Mexico State University, in cooperation with the U.S. Department of Agriculture, is an equal opportunity/affirmative action employer and educator. If you are an individual with a disability and need an auxiliary aid or service, please contact the Extension Office at 505-544-4334 by March 30, 2023.

# **COMMUNITY GARDEN**

Supported by Torrance County Cooperative Extension Service and East Torrance Soil & Water Conservation District

Looking for a place to grow fruits, vegetables, herbs, and flowers? Looking for a place to meet your neighbors and learn and share gardening techniques?



The Community Garden is located in southwest corner of the Torrance County Fair Grounds in Estancia, NM.

Items that are harvested will be distributed to community members.



Come get your hands dirty or just learn about gardening. No green thumb required

For more information or to volunteer, please scan the below OR Code







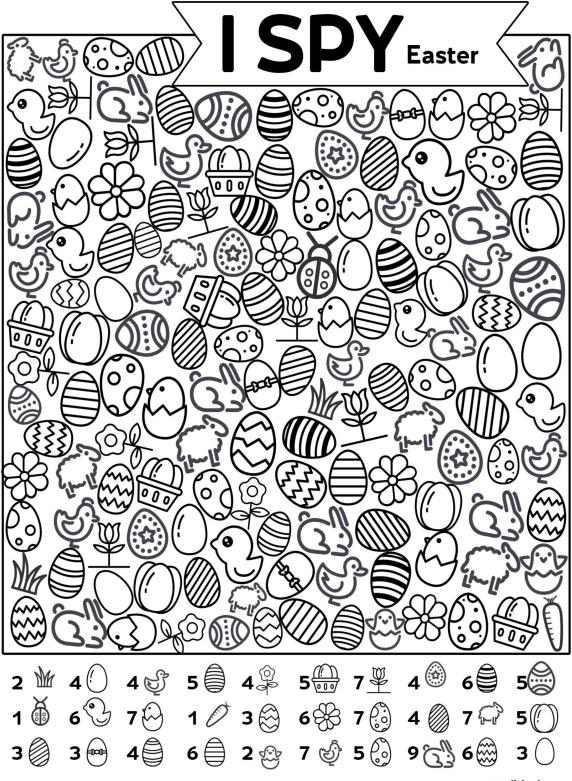


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# **Activity Page**



papertraildesign.com

**APRIL 2023** 

Sat 1	œ	15	22	29	
Fri	7 Archery Practice	14	21 Archery Practice	28	
Thu	G	<b>13</b> Desperados & Tumbleweeds Meeting	20	27	
Wed	ß	12 Leather craft & Macra- mé	19	<b>26</b> Leather craft & Cross Stitch, County Contest & County	Council Meeting
Tue	4.	11 #1 Rifle Practice	<b>18</b> Pioneers Meeting	25	
MoM	е	10 Mustang- Wrangler's Meet- ing	17	24 Beginning Sewing	
Sun	8	S	16	23	30
		-			-



Mark Your Calendars!

2022-2023



## New Mexico 4-H Event Dates

*Tentative Schedu	le more information to :	follow
EVENT	DATE	
Youth Get-Away (Glorieta, NM)		April 21-23
National 4-H Conference	April 14-19	
Aggie Next Step College Experience	TBD	
NM State 4-H Shooting Sports Championship (Rato	on, NM)	May 4-7
4-H Horse School—Location TBD		June 5-8
Northern 4-H Regional Livestock School		TBD
NM Youth Ranch Management Camp	TBD	
National 4-H Shooting Sports Championship	June 25-30	
Southern 4-H Regional Livestock School—Sierra C	June 14-16	
Nothern District Contest (Moriarty, NM)	June 28-29	
NW District Shooting Sports Contest	June 16	
4-H Dog School	TBD	
State 4-H Conference	July 8-14	
New Mexico State Fair		September 7-17
New Mexico Food Challenge		September 16
Southern New Mexico State Fair		September 27-October 1
	kico 4-H Eve	nt
Event	eadlines	istration Deadline Date
		istration Deadline Date
Youth Get-Away	March 31, 2023	
State 4-H Conference	June 15. 2023	
Photo Contest	August 1, 2023	
New Mexico State Fair Indoor Exhibit Entries	August 31, 2023	

<b>ATTENTION 4-H YOUTH:</b>	MEMBER IN GOOD STANDING	
The 4-H County Council has voted to continue to provide all current Torrance county club members the opportunity for sponsorship of \$75 towards their chose of District, State, or National 4-H Event or Activity. To qualify you must be of 4-H age and be a Member in Good Standings (see below) and not owe any money to your club or	standing. Current Torrance County 4-H By-Laws state for a member to remain in good standing the mem- ber must complete the following : 1. Attend 50% (6) regular club meetings dur	
county council.	<ol> <li>Participate in two or more community service projects and two or more club ac-</li> </ol>	
The State 4-H Leaderline	<ul><li>tivities and two or more club or county fundraisers.</li><li>5. Meet all of the requirements before exhib-</li></ul>	
A quarterly newsletter for 4-H volunteer leaders to provide you with the latest 4-H news in New Mexico.	<ul><li>iting any projects. Members must be en- rolled in the projects they are exhibiting.</li><li>6. Exhibit projects at County/State Fair</li></ul>	
Available at:	L	
http://aces.nmsu.edu/4h/newsletters.html	4-H is a community of young people across America who are learning leadership, citizenship and life skills.	

### Working With Minors Training - New Year started October 1

As we begin the new year, it is time for our volunteers to take the Working with Minors module for 2021-2022 year. To make this process easier, a reset button has been added. Please share these steps with your volunteers.

Once the volunteer is in his/her/family Zsuite account and has selected his/her profile follow the steps below:

- 1. Click on Clover Academy on left menu bar
- 2. Launch Clover Academy
- 3. Open NM Working with Minors (even though it says completed)

 Under 'You have earned a certificate' is a button that says "Reset All Course Progress for the New Year (Cannot be undone)'

- 5. Click on the blue 'Reset All Course Progress for the New Year (Cannot be undone)'
- 6. Start Course

Complete course and a certificate will be available with the completion date. The county 4-H Zsuite administrator should be able to see the volunteer completion on his/her county page.

# **Moriarty Desperados 4-H Club**

Meets 2nd Thursday @ 6PM

109 Chavez Road Moriarty

Leslie Chavez (505)328-5837

zack2006@msn.com

# **Ropers 4-H Club**

Meets 2nd Monday @ 6PM

Call for meeting place

Lisa Encinias (505) 610-7599

encinias5@aol.com

# **Tumbleweeds 4-H Club**

Meets 2nd Thursday @ 6PM

Call for meeting place

Kaycee Chavez (505)301-9676

Kaycee.riley9@gmail.com

# **Mustang Wranglers 4-H Club**

Meets 2nd Monday @ 6PM Mountainair High School FFA Agricultural Building Brenda Cain (505)847-0966 drblmack@aol.com Jill Encinias (505) 384-2245 jillyroge@yahoo.com

# **Pioneers 4-H Club**

Meets 3nd Tuesday @ 6PM

E. Torrance Soil & Water Bldg. Estancia

Kay Sartori (505)582-7283

gypsymamakay@gmail.com

Alex and Rob Wagner

(505)440-0495

alexwagner42@gmail.com

# 4-H Member Ages for 2022-2023 4-H Year

<u>CLOVERBUDS</u>: 5 to 8 years old AND in Kindergarten, 1st, or 2nd grade

NOVICE: 9 to 11 years old or 8 years old AND in the 3rd grade.

JUNIOR: 12 and 13 years old or 11 years old AND in the 6th grade.

SENIOR: 14 –18 years old OR 13 years old AND in the 8th grade

Youth who are 19 on or by December 31 of the current 4-H year (2023) are not eligible to enroll as a 4-H member. **4-H Ages are based on the Member's Age as of January 1, 2023** 





# NMSU 4-H Youth Development Facebook Page



This page shares club, county and state events, pictures, upcoming activities, community service projects, individual and club successes and much more. The 4-H Facebook page wants to show off what the states 4-H clubs and counties have done. If your club or county has a page, you can simply go in to like the NMSU 4-H Youth Development page https://www.facebook.com/NMSU4H/ and begin posting things. If you don't have one just send the information to azemler@nmsu.edu and it will be put on the page.

Find more great information to help make your life easier on the NMSU Pinterest boards. CHECK IT OUT HERE https://www.pinterest.com/nmcoopext/

Contact us: Torrance County Extension Office P.O. Box 168 Estancia, NM 87016-0168 (505) 544-4333 Torrance@nmsu.edu



All About Discovery!™ College of Agricultural, Consumer and Environmental Sciences Cooperative Extension Service Extension 4-H Youth Development

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