Torrance County Extension Office 205 S Ninth Street PO Box 168 Estancia, NM 87016 Phone: 505-544-4333 Email: torrance@nmsu.edu

March 2025

RLEAF

Hello 4-Her's, Leaders and Parents,

CLOVE

Please invite you family and friends to join us for the 2024-2025 4-H year! Make sure your enrollment is complete. The April 1st deadline for enrollment is approaching quickly.

Classes have already started so sign-up for the project workshops. If you need any project books please contact the office.

If you have any questions or need any help please contact the Extension Office.

Debby Maberry- Extension Family and Consumer Science Agent/4-H

Angela Hurst-Extension Agricultural Agent/4-H

Deb Adcock- Administrative Assistant

Deborah Olivas- ICAN Nutrition Educator



<u>Happy Birthday</u> <u>Wishes To:</u>

 $\frac{\langle \cdot \rangle}{\langle \cdot \rangle}$

Nadia Romero Elizabeth Strodtman Hunter Ferguson Urijah Garcia Tayli Sanchez Raquelle Lesperance Madison Sarno

EmmaRose Chavez





To enroll:

- 1. Visit https://4h.zsuite.org/ you can use any browser, but Google Chrome works the best.
- If you have never used Zsuites before, start by creating a new account. If you have an existing Zsuite
 account, log in with your username and password.

** Detailed instruction on creating a new account can be found here: <u>https://zsuite.s3.us-east-</u> 2.amazonaws.com/static/Help/ZSuiteHelp/Creatinganewaccount.html

** Zsuites works off of "households," which means you will only create one account for your entire family**

 Add household members for each of your youth needing to be enrolled as well as any adults in your household who will be enrolling as volunteers or club leaders (i.e., your spouse)

**Detailed instructions on adding household members can be found here: <u>https://zsuite.s3.us-east-</u> 2.amazonaws.com/static/Help/ZSuiteHelp/CreateClubMemberProfiles.html

**Adults that are approved volunteers will need to enroll as *VOLUNTEERS*, unless you are the primary club leader for that particular club. If you would like to become a volunteer, please contact the Extension office for an application. If you are not planning to work with youth as a volunteer, you will register as a *PARENT*.

4. Enroll each youth and adult volunteer or parent.

** Detailed instructions for enrolling can be found here:<u>https://zsuite.s3.us-east-</u> 2.amazonaws.com/static/Help/ZSuiteHelp/Enrollment.html

Make sure to download the medical form, fill it out, and then upload the signed copy to each household member's accounts. You will not be approved on the county level until those forms are attached to your enrollment and complete with signatures. You can also auto sign if you have the Adobe feature. Once you have completed enrollments, you will be approved by the county OR state (for volunteers).

Here is the link to see available projects: https://aces.nmsu.edu/4h/projects/index.html

If you do not have access to a computer, ZSuites is very mobile-friendly, so that you can do all of this on your phone. It is recommended not to use the app as it does not update in a timely manner. Instead, follow the instructions to add to your mobile device here: https://zsuite.s3.us-east-

2.amazonaws.com/static/Help/ZSuiteHelp/AddingZSuitetoyourMobileDevice.html

If you do not have accessible internet or phone access, you are welcome to come into the office to complete a paper enrollment form.

Greetings from the Ag Agent:

4-H Agriculture and Natural Resources Updates:

•Look out for notifications in March on workshops from our Agriculture Extension Agent.

- •State 4-H Contests for **4-H Land, Pasture/Range & Dairy Judging Contests** will be held along with the State FFA contests April 1-4 in Las Cruces. Registration for these contests end March 19th.
 - *You must participate in a county contest before being eligible for district and state contests.

*Please contact the office if you are interested in one of these contests so we can plan a county contest.

•Check out pages 10 & 11 for some Ag and livestock related workshops and clinic dates. Contact the office if you would like to register for any of these.

•4-H Shooting Sports:

- *Senior 4-Hers interested in attending the **State Shooting Sports Championship**, we have the rule book available on the State 4-H website or you can contact the office and we can send you the link. Registration is due to the county by April 9th.
- *The **2025 NW 4-H District Shooting Sports Contest** will be June 13th, 2025 at the Albuquerque City Range. Registration and Tests will open at 8 am on April 21st and close on May 30th at 5 pm. I have compiled a bank of questions that might be on the test and are available at the office. All questions come from the project book, so if you don't have one for your discipline, make sure to let the office know.
- •I want to provide fun opportunities for students to learn about their project areas and Agriculture as a whole. Please fill out this survey so I can know when to best schedule these workshops. Thank you!

*Online Survey Software | Qualtrics Survey Solutions

*If you would rather fill this out in person, feel free to stop by the 4-H office and ask to fill out the 4-H ag survey.



Youth Get-Away 2025 Be out of this world with 4-H



Youth Registration Packet

You are invited to attend the 2025 Youth Get-Away event held at The Glorieta Adventure Camp near Santa Fe. April 11-13, 2025. Youth Get-Away is an overnight youth leadership development event open to both Novice (9-11) and Junior (12-13) aged youth. The State 4-H Leadership Team will be the hosts of Youth Get-Away 2025. Their goal is to help you succeed in personal and professional growth. There are exciting activities and workshops scheduled to provide you with opportunities to learn leadership skills, team building and community service. To see further information about the event, check out the 4-H website and Facebook page for updates. The State 4-H Leadership Team have been busy planning your retreat around the theme: "Be out of this world with 4-H"

The following information will provide you with many details regarding Youth Get-Away. Please read the information and attachments carefully!

Schedule and Workshop Descriptions

Available on the 4-H Website and Facebook page February 17th

Cost

\$180.00 per person for 4-H'ers and adults (conference attendance, t-shirt, workshops, meals, lodging)

Registration deadlines

Check with your County Extension office for the registration information. You must register with your county agent by the county deadline to attend. Late registrations are not accepted.

Forms

NM 4-H Medical/Liability Release Form - Must have one turned into your County Extension Office by the county registration deadline.

Lodging

All participants will stay on-site in dorm-style accommodations. Youth and adults will room separately. Each room has an ensuite bathroom. Adults will stay in the same building as the youth delegation they are chaperoning. Male and Female participants will be housed in different buildings/floors. Rooms are inspected by chaperones at check in time and again by chaperones and camp staff on the day of departure.

Policies

- ★ Youth Get-Away is a unique experience where each delegate demonstrates the personal character for which 4-H is known.
- Participate in all Youth Get-Away activities and stay with the group. The program calls for your
- complete involvement. Do not invite friends to visit you. No alcoholic beverages, drugs, stimulants, vape items of any kind or tobacco in any form to be used * by participants.
- No loud music permitted.
- Participants are responsible for paying for any damage to the facility. Rooms are inspected by chaperones at check-in time and again on the day of departure. * Youth are required to follow the dress code. If it is not followed, they will be asked to change.

Cancellations and Refunds

- ★ Cancellations and refunds are made only if road conditions in the <u>Santa Fe</u> vicinity are severe. Drivers must make their own travel decisions based on road conditions in their area. We do not want anybody taking unnecessary risks in order to attend this event.
- * Refunds cannot be made unless there is a National Weather Service storm warning in existence in the Santa Fe area.
- * If a refund is made due to bad weather, there will be a surcharge deducted to cover actual program expenses incurred up to that point.
- * After registration is closed, if a 4-H'er or adult who is registered cannot attend, a county can substitute another person of the same sex in his or her place, but an actual refund will not be made. If there is no one from your county to fill the spot, please let the state office know and we will try to find a replacement.
- A full refund to a participant is only made if the cancellation is due to an emergency, health issue or made before the county registration deadline.

Insurance

- ★ The American Life Insurance Company covers all participants for accidents and illness from the time they leave home until their return.
- ★ Please report any accidents or illness to a State 4-H Staff member.
- ★ Please make sure you have an updated NM 4-H Liability form on file at your County Extension Office. Your agent will need to send a copy of that to the State 4-H Office with the registration information.





Shooting Sports Practices have started, so please reach out to following certified leaders for more information. Please make sure to complete your 4-H enrollment paperwork before attending any practices. If you need any help please contact the Extension office at 505-544-4333 email Torrance@nmsu.edu.

RIFLE, AIR RIFLE, ARCHERY

& PISTOL

JACKIE &

DOYLE YOUNG

DOUBLEFOX22@YAHOO.COM

575-760-3677



Shooting Sports

SHOTGUN NATHAN DIAL DIALNATHAN@MSN.COM (910)988-5098 ARCHERY DEBBY & KEVIN MABERRY MABERRYD@NMSU.EDU (505)544-4334

ANGELA HURST

ANGELADH@NMSU.EDU

(505)544-4336





CRAF & E

4-H Youth Learn a new skill from the 4-H Project books starting on Wednesdays February 12th

- Pottery/ceramics
- Creative Arts
- Leather Craft
- Cooking/Baking
- Sewing
- and more!

For more information please contact the Torrance County Cooperative Extension Service Office at 505-544-4333 torrance@nmsu.edu

NEW MEXICO STATE UNIVERSITY IS AN EQUAL OPPORTUNITY/AFFIRMATIVE ACTION EMPLOYER AND EDUCATOR. NMSU AND THE U.S. DEPARTMENT OF AGRICULTURE COOPERATING.

Second & Fourth Wednesdays

1:30 pm-5:30 pm

STATE

College of ACES Cooperative Extension Service

If you are an individual with a disability who is in need of an auxiliary aid or service to participate, please contact Debby Maberry in advance at (505) 544-4334 or maberryd@nmsu.edu.



Kitchen Creations

FREE Diabetes Cooking Classes!



Class Details

DAY OF WEEK:	Thursdays
DATES:	April 3, 10, 17 & 24
TIME:	9am till noon
LOCATION:	Torrance County Fairgrounds 700 10 th Street Estancia, NM 87016
INSTRUCTORS:	Debby Maberry, County Program Director Elizabeth Galbraith, RDN, LD Cindy Davies, MA
TO REGISTER:	Call 505-544-4334 or email maberryd@nmsu.edu
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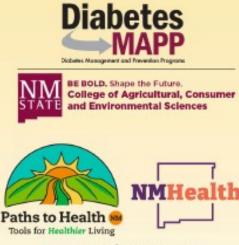
kitchencreations.nmsu.edu

New Mexico State University, in cooperation with the U.S. Department of Agriculture, is an equal opportunity/affirmative action employer and educator. If you are an individual with a disability and need an auxiliary aid or service, please contact the Extension Office at [PHONE #].

Please join us for this *FREE* series of 4 classes!

- Learn how to plan meals that help manage diabetes.
- Practice cooking foods in healthier ways.
- Enjoy the support of others who are living with diabetes.

Provided by:



For more information about Paths to Health NM programs, call the NMHealth Helpline: 1-833-SWNURSE (1-833-796-8773)

ADD LOGO(S) IN THIS BOX



Scan this QR code to visit our website



Torrance County Cooperative Extension Service is simply sharing this information. Not all events or programs advertised in this newsletter are sponsored or endorsed by NMSU for more information please call the number listed on the flyer.

If you are interested in the Heritage Buckle Contest, there is more information available at the Extension office, so feel free to reach out.



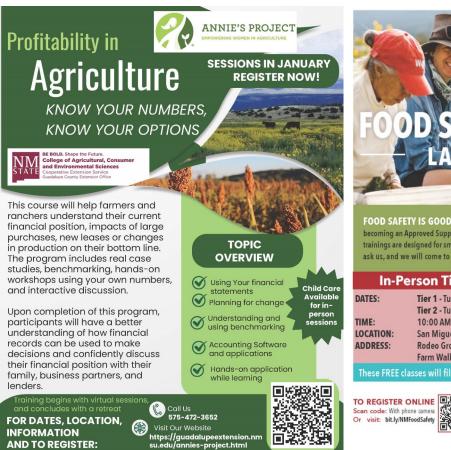


HORSE SHOW SCHOOLING **BUCKLE SERIES**

FEBRUARY 22 MARCH 22 APRIL 19 **MAY 17** JUNE 14 JULY 19 - AWARDS

TO REGISTER AND FOR MORE INFORMATION, SCAN THE QR CODE







FOOD SAFETY IS GOOD BUSINESS. Whether you are new to food safety, or interested in becoming an Approved Supplier for the New Mexico Grown program, the NMFMA's food safety trainings are designed for small-scale growers like you. Sign up soon for scheduled trainings, or ask us, and we will come to you! These training sessions are provided at no cost.

In-Person Tier 1 & 2 Food Safety Training

and the second second	
TES:	Tier 1 - Tuesday, Mar
	Tier 2 - Tuesday, Mar
AE:	10:00 AM - 2:00 PM
CATION:	San Miguel / Mora Fa
DRESS:	Rodeo Ground Road,
	Farm Walk: TBD

ch 11 ch 18 (Lunch included) irgrounds College of Agricultur and Environmenta Las Vegas, NM 87701

These FREE classes will fill up fast, so please REGISTER soon

OUESTIONS? Email: Ralph Vigil NMFMA Board Mem & ASP Community Cultivator molinodelaisla©gmail.com Or message: (505) 603-2879



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nental Sciences



Idea/Information Sharing for 4-H

Volunteer Leaders via Zoom An extension agent or 4-H volunteer will present about 5-7 minutes on a topic and open up for sharing from participants for remainder of the 10 minutes. Sessions will be recorded and shared on the State 4-H website. Since the scheduled Take 10 sessions will only focus on one small part of a larger topic, additional resources will also be found on the State 4-H website under the select-ed Take 10 topic.



When: 1st Thursday of the month on the dates below during the lunch hour.

The topics held during the same lunch hour will be separate presentations.

January 4, 2024 NM 4-H 101- Part 1 (12:15pm) Community Service Plan for the Year (12:30pm)	May 2, 2024 Ranch Camp (12:15pm) Food Challenge (12:30pm) Parliamentary Procedure (12:45pm)
February 1, 2024	October 3, 2024
Livestock School (12;15pm)	New Family Information (12:30pm)
Horse School (12:30pm)	NM 4-H Adult Forum (12:45pm)
March 7, 2024	November 7, 2024
Judging Quick Facts (12:30pm)	Range School (12:30pm)
April 4, 2024 Small Animal School (12:15pm) Dog School (12:30pm)	December 5, 2024 Project Clips (12:30pm)

Contact your County Extension Office for information on how to join the zoom sessions.



BE BOLD. Shape the Future.® College of Agricultural, Consumer and Environmental Sciences Cooperative Extension Service



Enrollment for the 2024-2025 4-H Year begins October 1st!

For more information on joining a local 4-H Club please contact the NMSU Torrance County Cooperative Extension Service office at 505-544-4333 or torrance@nmsu.edu





BE BOLD. Shape the Future. College of Agricultural, Consumer and Environmental Sciences Cooperative Extension Service Torrance County Extension Office



Mark Your Calendars! 2024-2025



Community Service Scholarship Criteria

New Mexico State University is an equal opportunity/affirmative action employer and educator. NMSU and the U.S. Department of Agriculture cooperating.

Available to any Novice, Junior or Senior 4-H Member serving as a State 4-H Officer, Ambassador, Diplomat or

participant in a 4-H activity.

Must submit a New Mexico 4-H Community Service Scholarship application form which is available on the

EVENT (Community Service Scholarship Application)	DEADLINE FOR APPLICATION (2 months before event registration deadline)
FCS School	January 15, 2025
Youth Get-Away	January 31, 2025
Horse School	March 14 2025
4-H Dog School	April 15, 2025
Livestock School	April 15, 2025
State 4-H Conference	April 15 2025
Ambassador/Officer Positions	May 1, 2025



Mark Your Calendars!

2024-2025



New Mexico 4-H Event Dates

*Tentative Schedule more inform	ation to follow
EVENT	DATE
Take 10 With 4-H	January 2
2nd Thursday Zoom Professional Development Training	January 9
State Portfolios Due	January 24
Parliamentary Procedure Contest	January 24
Senior Leadership Retreat - Glorieta, NM	January 24-26
4-H Day at the Roundhouse	February 4
Take 10 with 4-H	February 6
2nd Thursday Zoom Professional Development Training	February 13
Shooting Sports Training - Rifle, Shotgun, Archery	TBD
New Agent Training	February 19-21
Take 10 with 4-H	March 6
FCS School Bernalillo County Extension Office	March 7-9
2nd Thursday Zoom Professional Development Training	March 13
Educational Leadership Event - NM State 4-H Leadership Team	TBD
Trip to Washington, D.C.	
(Other potential dates are in January and April)	
Ignite Conference	March 12-16
Youth Shooting Sports Leadership Summit	TBD
Take 10 with 4-H	April 3
2nd Thursday Zoom Training	April 10
Youth Get-Away (Glorieta, NM)	April 11-13
National 4-H Conference	April 11-16
National Extension Conference on Volunteerism (NECV)	April 21-25
Take 10 with 4-H	May 4
NM State 4-H Shooting Sports Championship (Raton, NM)	May 1-4
Small Animal School	TBD

*Tentative Schedule more information to follow		
EVENT	DATE	
4-H Horse School	TBD	
NM Youth Ranch Management Camp	TBD	
NE District Shooting Sports Contest	TBD	
Southern 4-H Regional Livestock School	TBD	
NW District Shooting Sports Contest	TBD	
SW District Contest	TBD	
SE District Contest	TBD	
Northern 4-H Regional Livestock School	TBD	
Northern District Contest	TBD	
National 4-H Shooting Sports Championship	TBD	
4-H Dog School	TBD	
State 4-H Conference	July 7-10	
	August	
New Mexico State Fair	September 6-14	
New Mexico Food Challenge	TBD	
NM State 4-H Horse Show	TBD	
Southern New Mexico State Fair	September 24-28	
NM State 4-H Rodeo Finals	TBD	

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Event	Registration Deadline Date	
FCS School	February 21, 2025	
Youth Get-Away	March 17, 2025	
State 4-H Conference	June 16, 2025	
Photo Contest	August 1,2025	
New Mexico State Fair Indoor Exhibit Entries	August 22, 2025	
4-H's Long-reaching Effects	more likely to contribute	



ATTENTION 4-H YOUTH:	MEMBER IN GOOD STANDING
The 4-H County Council has voted to continue to provide all current Torrance county club members the opportunity for sponsorship of \$100 towards their chose of Dis- trict, State, or National 4-H Event or Activity. To qualify you must be of 4-H age and be a Member in Good Standings (see below) and not owe any money to your club or county council. The State 4-H Leaderline A quarterly newsletter for 4-H volunteer leaders to provide you with the latest 4-H news in New Mexico. Available at: http://aces.nmsu.edu/4h/newsletters.html	 According to State 4-H policy, a 4-H member shall attend at least 40% of all club meeting and activities. If a 4-H member does not meet this requirement, they will not be a member in good standing. Current Torrance County 4-H By-Laws state for a member to remain in good standing the member must complete the following : Attend 50% (6) regular club meetings during the current 4-H year and attend (4) prior to County Fair. Keep records of projects and turn them into the club leader. Give a demonstration or illustrated talk. Participate in two or more community service projects and two or more club activities and two or more club activities and two or more club or county fundraisers. Meet all of the requirements before exhibiting any projects. Members must be enrolled in the projects they are exhibiting. 4-H is a community of young people of a cross America who are learning
	leadership, citizenship and life skills.

Working With Minors Training - New Year started October 1

As we begin the new year, it is time for our volunteers to take the Working with Minors module for 2021-2022 year. To make this process easier, a reset button has been added. Please share these steps with your volunteers.

Once the volunteer is in his/her/family Zsuite account and has selected his/her profile follow the steps below:

- 1. Click on Clover Academy on left menu bar
- 2. Launch Clover Academy
- 3. Open NM Working with Minors (even though it says completed)

 Under 'You have earned a certificate' is a button that says "Reset All Course Progress for the New Year (Cannot be undone)'

- 5. Click on the blue 'Reset All Course Progress for the New Year (Cannot be undone)'
- 6. Start Course

Complete course and a certificate will be available with the completion date. The county 4-H Zsuite administrator should be able to see the volunteer completion on his/her county page.

Pioneers 4-H Club

Meets 2nd Wednesday @ 5:30 PM

E. Torrance Soil & Water Bldg.

Estancia

Kay Sartori (505) 985-8346

kay.sartori@yahoo.com

Moriarty Desperados 4-H Club

Meets 2nd Thursday @ 6PM

109 Chavez Road,

Moriarty

Leslie Chavez (505) 328-5837

zack2006@msn.com

Mustang Wranglers 4-H Club

Meets 2nd Monday @ 6:30 PM

Mountainair High School FFA

Agricultural Building

Brenda Cain (505) 847-0966

drblmack@aol.com

Jill Encinias (505) 321-9553

Tumbleweeds 4-H Club

Meets 2nd Thursday @ 6PM

Enchanted Legacy

1011 Allen Ave, Estancia

Kaycee Chavez (505) 301-9676

Kaycee.riley9@gmail.com



4-H Member Ages for 2024-2025 4-H Year

CLOVERBUDS: 5 to 8 years old AND in Kindergarten, 1st, or 2nd grade

NOVICE: 9 to 11 years old or 8 years old AND in the 3rd grade.

JUNIOR: 12 and 13 years old or 11 years old AND in the 6th grade.

SENIOR: 14 –18 years old OR 13 years old AND in the 8th grade

Youth who are 19 on or by December 31 of the current 4-H year (2025) are not eligible to enroll as a 4-H member. **4-H Ages are based on the Member's Age as of January 1, 2025**



NMSU 4-H Youth Development Facebook Page



This page shares club, county and state events, pictures, upcoming activities, community service projects, individual and club successes and much more. The 4-H Facebook page wants to show off what the states 4-H clubs and counties have done. If your club or county has a page, you can simply go in to like the NMSU 4-H Youth Development page https://www.facebook.com/NMSU4H/ and begin posting things. If you don't have one just send the information to azemler@nmsu.edu and it will be put on the page.

Find more great information to help make your life easier on the NMSU Pinterest boards. CHECK IT OUT HERE https://www.pinterest.com/nmcoopext/

Contact us: Torrance County Extension Office P.O. Box 168 Estancia, NM 87016-0168 (505) 544-4333 Torrance@nmsu.edu



All About Discovery!™ College of Agricultural, Consumer and Environmental Sciences Cooperative Extension Service Extension 4-H Youth Development

New Mexico State University is an equal opportunity affirmative action employer and educator. All programs are available to everyone regardless of race, color or national origin. NMSU & USDA Cooperating.